

Phillip Island Adventure Resort

Personalised/Site Specific - Education Dept of Victoria

CLOTHING AND PERSONAL EQUIPMENT LIST

General considerations

Clothing taken on outdoor or adventure programs should allow participants to be comfortable and protected in a range of conditions, regardless of the season. Clothing that is quick drying and resistant to damage is ideal. Clothing should fit the person well. Practicality is the emphasis rather than how fashionable clothes are! Unsuitable or ill-fitted clothing can impair student participation and may be hazards.

Note: Students must not bring alcohol, cigarettes, medication not documented on the medical form, or illegal substances. Other items not to be taken must be communicated to students and parents.

Essential clothing and equipment all students must bring:

- sun hat (not to be worn under helmets)
- sneakers
- water bottle
- rain coat
- warm jumper

Other Clothes

- long pants/tracksuit pants
- windcheater
- shorts
- swimmers
- pair mittens or gloves (optional)
- Handkerchiefs
- 2 pair sneakers (1 x old* and 1 x new)
- long sleeve warm shirts or thermal tops
- woollen jumper (at least one)
- t-shirts
- changes of underwear & socks for each day plus extra if canoeing or raft-making
- pyjamas
- Old cloths & footwear for canoeing and Raft-making enclosed shoos or sandals. NO THONGS
- rain coat

(*essential for canoeing/raft-making activities)

Sleeping

- sleeping bag or sheets
- own pillow (optional one supplied)
- pillowslip

Toiletries

- soap
- toothbrush and toothpaste
- sunscreen
- insect repellent

Personal equipment

- torch
- personal medical requirements
- camera
- thongs
- sunglasses

For Winter Programs

Clothing

- Thermal underwear
- Gloves
- Beanie/hat
- Warm Coat

Notes

- Staff should communicate to students what money they may need for incidentals during the program.
- All personal items and baggage should be clearly marked with the owner's name.
- A policy on portable music players should be communicated to students and parents. Where such items are allowed, it should be made clear to parents and students that no responsibility will be taken for any loss.
- A policy on mobile phones should be communicated to students and parents. Where such items are allowed, it should be made clear to parents and students that no responsibility will be taken for any loss.
- As a health precaution students are advised not to bring aerosol propellant cans e.g. deodorant sprays.

Note: This proforma provides one suggested list of clothing and equipment. There may be other essential or useful items and as such it is not an exhaustive list.

Copyright credit - This is a personalise site specific clothing-list based on the Victorian Education Dept of Victoria suggested proforma.